



## Calendar

### Business Meetings

March 6  
April 3  
May 1  
June 5  
June 26

### After Hours

March 8

### SUDS

April 4

### April 13-14

### Home & Garden Show

April 13



6:00 PM – 9:00 PM

Cost is \$10

Buy tickets online

(Call President Bonnie if you need help doing this.)

April 26-28



SNR Conference  
Reno, Nevada

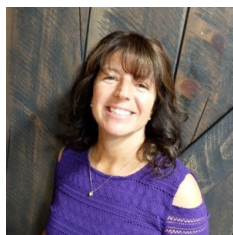
## HILARITY FOR CHARITY; LAUGHING FOR GOOD

by President Bonnie Chapman

Founded in 2012 by Seth and Lauren Rogan, Hilarity for Charity is a foundation dedicated to raising awareness, helping families who are affected and providing money for cutting edge research to combat Alzheimer's disease. The vehicle used to accomplish all of this is comedy, exemplified by their motto, "Kick Alz in the Ballz". Each year they produce a star-studded comedy show which has raised more than 7 million dollars to date. In a USA today article, Seth Rogan joked that comedy is what they know... he said "If we were chefs, this would be called Baking for Charity."

Interestingly, there are several studies that prove comedy to be very therapeutic to those afflicted with this disease. One such study from Osaka University found that the positive effects of humor can last for weeks. The Osaka study explained how dementia patients lose the ability to laugh or smile socially but some types of laughter are preserved and comedy can unearth this type. The Hilarity for Charity shows are really for the general public but it's fitting that comedy is helpful to Alzheimer's patients.

Hoping to make a significant difference by 2020, Hilarity for Charity has several programs that are funded with proceeds. Nationwide support groups are funded to help families cope. They also partner with Home Instead Senior Care network to provide grants in the USA and Canada helping with home care for patients with their Alzheimer's and Dementia Care Relief Grant Program. Through this program, they have provided more than 110,000 hours of exceptional respite care to those in need. A portion of money raised each year is dedicated to fund research specifically focused on early onset and detection of Alzheimer's disease.



Last year's Hilarity for Charity show was filmed for tv audiences to view and has recently been released to Netflix. SI Chico's February SUDS was held at Bonnie's house and we had the opportunity to enjoy the show. Our club will also be hosting our very own Hilarity for Charity comedy show on

Saturday, April 13th, 2019. It will be great to support this very worthwhile cause. Look in the eblast for details.



## New Members

We have inducted 2 more new members in the past 3 months! If you have not met them yet, please introduce yourself.



Margarita Vega  
Co-Owner La Hacienda



Gayle Hutchinson  
President CSU-Chico

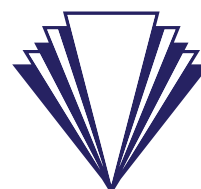


At the end of January, we had a chance to take a special tour of the Museum of Northern California Arts, courtesy of the President of the MONCA Board, Pat Macias. Many of our Soroptimists enjoyed this 5th Wednesday social! Our next one will be held May 29th. Hope to see you there!

## 89 AND THRIVING

by Sara Beacham

SI Chico is 89 years old, and we celebrated in a speakeasy-themed party fashion! At our club luncheon on January 16 we shared some of our favorite SI Chico stories alongside our sisters. We had special visitors - a few past presidents who are no longer in club. We then continued our celebrating of our birthday at a cocktail party Friday evening. This was held at the beautiful home of Mary Moss. We dressed up in our speakeasy costumes, dined on depression era desserts, and learned some trivia about Soroptimist.



live  
**YOUR**  
*dream*  
education & training awards for women®

by Rosie Potestio

This year's Live Your Dream Awards were presented at our February 20th meeting. The awardees are from left to right; Brenda Sanchez, 3rd place award \$750; Andrea Moore, 1st place award \$1,500; Krystal Tyranowski, 2nd place award \$1,250

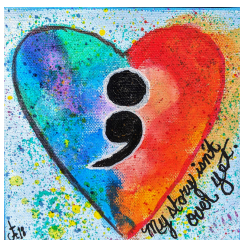


## In memoriam



We are saddened by the passing of our Soroptimist Sister, Carol Thomson.

Carol joined SI Chico in 2006 after years in SI South Lake Tahoe. Carol provided a strong voice for women and worked hard in our club. She brought knowledge from her years in another club and was a valued volunteer and friend. She recently had become a champion of helping to erase the stigma of mental illness in our community, playing a large role in last year's mental health community event. She shared her talent and love of art with our membership. Those who followed her on social media were given the gift of her sharing her art journals and other creative works. Carol was a vibrant, dedicated, motivated and joyful woman. Her love and light will be deeply missed.



## ADMINISTRATION COMMITTEE NEWS

by Carol Dusenbury

We oversee the finances of the club and maintain the SI Chico Handbook. The Proposed Budget is reviewed by our committee in the Spring to give the membership an idea of how funds will be spent. When the books close in the summer we know exactly how much money will carry over to the next year, what the final fundraising total is and can do a Final (Revised) Budget to be approved by the Board and membership in September. After approval, this is the final budget in effect for the year.

The Club Handbook is a compilation of bylaws, guidelines, policies and procedures. Here are the list of its components.

1. Bylaws (currently being updated) are the rules of the road covering committees, meetings, elections, officers, committees, etc.
2. Board Job Descriptions outlines what the officers are expected to do. If you are asked to run for an office, this section will outline the expectations.
3. Committee Job Descriptions does the same thing for each Standing Committee.
4. Calendar of Due Dates outlines what actions are taken each month and who is responsible for them.
5. Standing Rules for Meetings covers the club rules for Business Meetings. Covers aspects of the non-partisan conventions of the club.
6. Awards, Scholarships & Legacy Fund describes all of the awards and scholarships the club has approved and includes the policies and procedures for them. The Legacy Fund is our endowment fund. Each year 4.5% is available to the club to fund awards, scholarships and other approved activities.
7. S I Chico Archives was a special project for the 75th birthday. The historic records of the Club through 1995 are housed in Special Collections in the Meriam Library at Chico State. The library was interested in our history because we were the first women's service organization in Chico and our history is a good history of community service through the years.
8. Dues Analysis & History shows how your dues are allocated to SIA dues and insurance, SNR dues and the amount we keep to fund club operations.
9. Laurel Society, Life and Chico Life Members lists members who are members of the SIA Laurel Society and the Life Members and Chico Life Members (see bylaws under membership for details).
10. Past Presidents is a list of all club president's since Emma Wilson in 1930.



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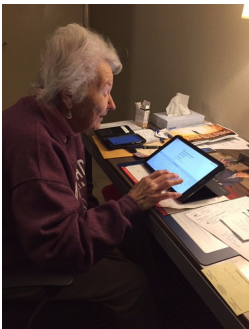
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[www.SoroptimistChico.org](http://www.SoroptimistChico.org)

*If you would like to opt out of receiving this newsletter, email [natalieconrad@sichico.com](mailto:natalieconrad@sichico.com)*

## *#SoroptimistStrong*

### *A Camp Fire Story*

By Gayle Aylward



On Nov 8th, Dot, age 92, was scheduled for gall bladder surgery at Feather River Hospital. She was in prep when she was notified to evacuate. She got dressed, and a nurse plopped her into a wheelchair. Dot's son, had gone ahead to get the car and was waiting for Dot outside the hospital. She stayed at her son's house for that night, but as the fire grew, they evacuated to the North the next morning. Dot lost her car and home that day, but was one of the lucky survivors to land a hotel room at the Best Western in Chico where she still is today.

I heard about Dot from a friend and started helping with Dot's transportation needs and soon became a fan! When learned what she was missing most while staying in the hotel, was watching her favorite shows on TV. She spends many hours in the hotel room so to help her pass the day we decided that a tablet would be the best option to get her favorite religious network streaming and Netflix. Janet Earl and I worked with Best Buy and Costco to get a good deal on a tablet that sync'd with her cell phone on Verizon. After helping her download the apps and using the hotel wi-fi she was all set. The smile on her face was priceless! She is so very grateful to Soroptimist for the gift of the basic tablet.

She is currently on a waiting list for Sycamore Glen retirement home where she hopes to spend the rest of her years.

